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Where health is a Way of living

HEALTH EDUCATION—RISK REDUCTION
RESOURCE INVENTORY



DEPARTMENT OF HEALTH AND ENVIRONMENTAL SCIENCES



TED SCHWINDEN, GOVERNOR

STATE DOCUMENTS COLLECTION

COGSWELL BUILDING

STATE OF MONTANA -

185 F 2 J J 185

MONTANAELSIAJEMBARARW 59620 930 E Lyndale Ave. Helena, Montana 59601

Dear Friend:

The Montana Health Education/Risk Reduction Directory is an informational packet prepared by the Preventive Health Services Bureau and the Bureau of Health Planning and Resource Development, to assist in organizing community health promotion-disease prevention efforts. These efforts are viewed as opportunities within the community to interest the people in taking positive steps toward improving and protecting health. The communities can take an important step toward reducing the incidence of chronic diseases and disabilities caused by lifestyle and the environment. Further improvements in the health of Montana can be achieved -- not alone through medical care and greater health expenditures -- but through local communities committing themselves to efforts designed to prevent disease and promote health.

We had several objectives in mind while we were piecing together the information. The informational packet will assist in:

- 1. Serving as a guide to locating appropriate resources and information designed to prevent disease and promote health.
- 2. Facilitating communication among agencies and organizations concerned with the promotion of health and risk reduction in chronic disease.
- 3. Increasing coordination of services, resources, and preventive efforts with agencies/organizations concerned with prevention of disease and with promotion of health.
- 4. Assessing gaps and analyzing needs in county services and preventive health efforts.
- 5. Creating an awareness among community leaders, organizations, and the larger community to the need for health promotion and for exploration of how a community might have a definite health impact on its citizens.
- 6. Improving access to health information.

We hope you find the packet useful. The Health Education/Risk Reduction Program in the Preventive Health Services Bureau is willing to assist in any way that promotes the health of the people of Montana. I would encourage you to utilize our assistance by phoning (406)-449-4740 or writing the Preventive Health Services Bureau, Cogswell Building, Helena, Montana 59620.

Sincerely,

Robert W. Moon, M.P.H. Health Promotion Coordinator



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MONTANA HEALTH EDUCATION/RISK REDUCTION DIRECTORY

A. CHRONIC DISEASES

Alcoholism/Cirrhosis

National Clearinghouse for Alcohol Information P. O. Box 2345

Rockville, Maryland 20852 (301)-468-2600

Alcohol & Drug Abuse Division

Montana Dept. of Institutions

1539 11th Avenue

Helena, MT 59601 (406)-449-2827

Montana Council on Alcoholism

2033 11th Avenue

Helena, MT 59601 (406)-442-5726

Arthritis

Arthritis Information Clearinghouse

P. O. Box 34427

Bethesda, MD 20034 (301)-881-9411

Arthritis Foundation

3400 Peachtree Road, N.E.

Atlanta, GA 30326 (404)-266-0795

National Institute of Arthritis, Metabolism & Digestive Diseases

National Institutes of Health

Bethesda, MD 20014 (301)-496-3583

Montana Arthritis Foundation (Midland Chapter)

1201 Avenue C

Billings, MT 59101

Cancer

Cancer Information Clearinghouse

National Cancer Institute, Office of Cancer Communications

9000 Rockville Pike, Bldg. 31, Room 10 A 18

Bethesda, MD 20205 (301)-496-4070

National Cancer Foundation

One Park Avenue

New York, NY 10016 (212)-679-5700

Cancer Information Service (C.I.S.)

1825 Connecticut Avenue, N.W., Suite 218

Washington, D.C. 20009 (202)-232-2833

National Foundation for Cancer Research (NFCR)

7315 Wisconsin Avenue, Suite 851 W

Bethesda, MD 20014 (301)-654-1250

National Clearinghouse for Smoking & Health

Centers for Disease Control

Public Health Service

Atlanta, GA 30333 (404)-633-3311

Cancer (continued)

State of Montana Central Tumor Registry Preventive Health Services Bureau Cogswell Building Helena, MT 59620 (406)-449-4740

Montana Division, American Cancer Society 2820 First Avenue South Billings, MT 59101 (406)-252-7111

Cerebral Palsy

United Cerebral Palsy Association (UCPA) 66 E. 34th Street
New York, NY 10016 (212)-481-6300
Cerebral Palsy Association of Montana
Room 426, Casco Building

Great Falls, MT 59401 (406)-454-3561

Cystic Fibrosis

Cystic Fibrosis Foundation 6000 Executive Blvd., Suite 309 Rockville, MD 20852 (301)-881-9130

Diabetes

American Association of Diabetes Educators 3553 W. Peterson Avenue Chicago, IL 60659

American Diabetes Association 600 5th Avenue New York, NY 10020 (212)-541-4310

Joslin Diabetes Foundation One Joslin Place Boston, MA 02215

National Diabetes Information Clearinghouse 805 15th Street, N.W., Suite 500 Washington, D.C. 20005 (202)-842-7630

National Diabetes Information & Education Clearinghouse National Institutes of Arthritis, Metabolism & Digestive Diseases Westwood Bldg., Room 628 Bethesda, MD 20205

Juvenile Diabetes Foundation 23 East 26th New York, NY 10010

Montana Affiliate, American Diabetes Association P. O. Box 2411 Great Falls, MT 59403

State Dept. of Health & Environmental Sciences
Preventive Health Services Bureau
Attn: Louise Oman
Cogswell Building
Helena, MT 59620 (406)-449-4740

Genetic Diseases

National Clearinghouse for Human Genetic Diseases 1776 E. Jefferson Street Rockville, MD 20852

National Clearinghouse for Human Genetic Diseases 805 15th Street, Suite 500 Washington, D.C. 20005 (201)-842-7617

Shodair Genetics & Birth Defects Unit 840 Helena Avenue Helena, MT 59601 (406)-442-1980-Ext. 006

Handicapped Children's Services Maternal & Child Health Services Bureau Cogswell Building Helena, MT 59620 (406)-449-4740

Heart Disease

American Heart Association (AHA) 7320 Greenville Avenue Dallas, TX 75231 (214)-750-5300

Heart Disease Research Foundation (HDRF) 50 Court Street Brooklyn, NY 11201 (212)-649-9003

American Heart Association Inquiries Section 44 E. 23rd Street New York, NY 10010

Montana Heart Association 510 lst Avenue North Great Falls, MT 59401 (406)-452-2362

Preventive Health Services Bureau Montana Dept. of Health & Environmental Sciences Cogswell Building Helena, MT 59620

Hypertension

National Heart, Lung, Blood Institute Public Inquiries Office Room 4A21, Bldg. 31 National Institutes of Health Bethesda, MD 20205 (301)-496-4236

High Blood Pressure Information Center Suite 300, 7910 Woodmont Avenue Bethesda, MD 20014 (301)-652-7700

High Blood Pressure Control Project Preventive Health Services Bureau Cogswell Building Helena, MT 59620 (406)-449-4740

Kidney/Renal Disease

National Kidney Foundation 2 Park Avenue New York, NY 10016

In-Stage Renal Disease

Network Coordinating Council #2

157 Yesler Way, Suite 409

Seattle, WA 98104 (206)-682-2096

Montana Social & Rehabilitation Services Medicaid Bureau, Room 103 SRS Building, 111 Sanders

Helena, MT 59620

In-Stage Renal Disease Program Social Security Administration Federal Building Helena, MT 59601

Montana Social & Rehabilitation Services Vocational Rehabilitation Division Room 202, SRS Building 111 Sanders Helena, MT 59620

Lung and Respiratory Diseases (includes Bronchitis & Emphysema)

Montana Lung Association 825 Helena Avenue Helena, MT 59601 (406)-442-6556

Montana Society for Respiratory Therapy 1004 Division Street Billings, MT 59101 (406)-657-4000

Multiple Sclerosis

National Multiple Sclerosis Society Public Relations Dept. 257 Park Avenue South New York, NY 10010

National Multiple Sclerosis Society, Montana Chapter Box 2802 Great Falls, MT 59403 (406)-452-9529

B. OTHER NON-COMMUNICABLE HEALTH PROBLEMS

Accidents: Motor Vehicle, Non-Motor Vehicle

Clearinghouse for Occupational Safety & Health Information National Institute for Occupational Safety & Health Robert A. Taft Laboratories Mail Stop C-18 4676 Columbia Parkway Cincinnati, OH 45226

National Injury Information Clearinghouse Consumer Product Safety Commission 5401 Westbard Avenue, Room 625 Washington, D.C. 20207

Accidents: Motor Vehicle, Non-Motor Vehicle (continued)

Montana Dept. of Health & Environmental Sciences

Food and Consumer Safety Bureau

Cogswell Building

Helena, MT 59620 (406)-449-3454

Montana Dept. of Health & Environmental Sciences

Occupational Health Bureau

Cogswell Building

Helena, MT 59620 (406)-449-3671

Montana Dept. of Justice

Highway Safety Division

303 Roberts

Helena, MT 59620

Montana Dept. of Labor and Industry

Safety and Health Bureau

510 Logan Street

Helena, MT 59601

Homicide

Federal Bureau of Investigation

Federal Building

Helena, MT 59601

Montana Dept. of Institutions

Corrections Division

1539 11th Avenue

Helena, MT 59601

Montana Dept. of Justice

Attorney General

Capitol Building

Helena, MT 59620

Montana Dept. of Justice

Board of Crime Control

303 Roberts

Helena, MT 59620

Poisoning

Division of Poison Control

Food and Drug Administration

5600 Fishers Lane, Room 1345

Rockville, MD 20857

National Clearinghouse for Drug Abuse Information

National Institute on Drug Abuse

Parklawn Building, Room 10A53

5600 Fishers Lane

Rockville, MD 20857 (301)-443-6500

Rocky Mountain Poison Control Center

West 8th Cherokee

Denver, CO 80204

Emergency -- 1-800-525-5042

Administration -- (303)-893-7774

Poisoning (continued)

Montana Dept. of Health & Environmental Sciences
Emergency Medical Services Bureau/Solid Waste Management Bureau
Cogswell Building
Helena, MT 59620

Suicide

Center for Information on Suicide 1041 Menlo Los Angeles, CA 90006 (213)-381-5111

Montana Dept. of Institutions
Mental Health & Residential Services Division
1539 11th Avenue
Helena, MT 59620

Adolescent Crisis Center -- (406)-248-8727

Bozeman Help Center -- (406)-586-3333

Butte Stress Unit -- (406)-782-0408 Family Crisis Center -- (406)-252-1212

Glasgow Crisis Line/Center -- (406)-228-8285

Great Falls Crisis Center -- (406)-453-6511

Hamilton Crisis Center -- (406)-363-2766

Missoula Crisis Center -- Emergency (406)-543-8277 -- Administration (406)-543-4555

C. HEALTH PROMOTION RESOURCES

Aging Services

National Clearinghouse on Aging 330 Independence Avenue Washington, D.C. 20201 (202)-245-2158

Aging Services Bureau Montana Dept. of Social & Rehabilitation Services Box 4210 Helena, MT 59601 (406)-449-5650

Montana Center of Gerontology Montana State University Bozeman, MT 59717 (406)-994-2371

Area I Agency on Aging Action for Eastern Montana 306 N. Kendrick Avenue Glendive, MT 59330

Area II Agency on Aging 236 Main Roundup, MT 59072 (406)-323-1320

Aging Services (continued)

Area III Agency on Aging

223 S. Main

Conrad, MT 59425 (406)-278-5662

Area IV Agency on Aging

Rocky Mountain Development Council

P. O. Box 721

Helena, MT 59601 (406)-442-1552

Area V Agency on Aging

115 East Pennsylvania Avenue

Anaconda, MT 59711 (406)-563-3110

Alcohol Centers

District I Alcohol Program

Courthouse Annex

P. O. Box 582

Glasgow, MT 59230 (406)-228-9093

District II Alcohol & Drug Program

Glendive Medical Center

Glendive, MT 59330 (406)-365-5942

District III Alcohol & Drug Program

321 Main -- Office 3

Miles City, MT 59301 (406)-232-6542

Chambers of Commerce

Montana Chamber of Commerce

Box 1730, Helena, MT 59601 (406)-442-2405

Anaconda: Box 757, (59711), (406)-463-2400

Baker: Box 795, (59313), (406)-778-3344 or 778-2050

Belgrade: Box 709, (59714), (406)-338-6225

Bigfork: Box 237, (59911), (406)-837-4883

Big Sandy: Box 70, (59520), (406)-378-2145

Big Timber: Box 1012, (59011), (406)-932-3615 or 932-2141

Billings: Box 2519, (59103), (406)-245-4111

Bozeman: Box B, (59715), (406)-586-5421

Broadus: Box 5, (59317), (406)-436-2364 or 436-2229

Butte: 2950 Harrison Ave., (59701), (406)-494-5595

Choteau: Box 667, (59422), (406)-466-5743

Circle: (59215), (406)-485-2566

Columbia Falls: Box 312, (59912)-(406)-892-4306

Columbus: Box 783, (59019), (406)-322-4358

Conrad: $406\frac{1}{2}$ S. Main, (59425), (406)-278-7791

Culbertson: (59218), (406)-787-5821 or 787-5376

Cut Bank: Box 1243, (59427), (406)-873-4041

Chambers of Commerce (continued)

Deer Lodge: City Hall, (59722), (406)-846-2094

Dillon: Box 830, (59725), (406)-683-5511

Ekalaka: (59324), (406)-775-6337

Ennis: Box 283, (59729), (406)-682-4236

Eureka: Box 186, (59917), (406)-296-3839

Fairfield: Box 243, (59436), (406)-467-2242

Fairview: (59221), (406)-747-5283

Forsyth: Box 448, (59327), (406)-356-2122

Fort Benton: Box 313, (59442), (406)-622-5254

Gardiner: Box 81, (59030)

Glasgow: Box 832, (59230), (406)-228-2222

Glendive: Box 930, (59330), (406)-365-5601

Great Falls: Box 2127, (59403), (406)-761-4434

Hamilton: 105 E. Main, (59840), (406)-363-2400

Hardin: Box Q, (59034), (406)-665-1552

Harlowton: Box 694, (59036), (406)-632-5752

Havre: Box 308, (59501), (406)-265-4383

Helena: 201 E. Lyndale, (59601), (406)-442-4120

Hinsdale: (59241), (406)-364-2221

Hot Springs: Box 580, (59845), (406)-741-2241

Jordan: (59337), (406)-557-2757

Kalispell: Box 978, (59901), (406)-755-6166

Lakeside: W. Shore Flathead Lake, (59922), (406)-844-3644

Laurel: Box 395, (59044), (406)-628-8105

Lewistown: Box 818, (59457), (406)-538-5436

Libby: Box 704, (59923), (406)-293-3832

Lincoln: Box 399, (59639), (406)-362-4540

Livingston: Box 660, (59047), (406)-222-0850

Malta: Box 334, (59538), (406)-654-1634

Miles City: Box 730, (59301), (406)-232-2890

Missoula: Box 7577, (59801), (406)-543-6623

Philipsburg: 10 Sutter, (59858), (406)-859-3215

Plains: Box 714, (59859), (406)-826-3664

Plentywood: Box 4, (59254)

Polson: Box 677, (59860), (406)-883-5969

Poplar: (59255), (406)-768-3483

Chambers of Commerce (continued)

Red Lodge: Box 998, (59068), (406)-446-1718

Rickey: (59259), (406)-773-5633

Ronan: Box 254, (59864), (406)-676-5320

Roundup: Box 751, (59072), (406)-323-1966

Saco: Box 27, (59261)

Scobey: (59263), (406)-487-5571

Seeley Lake: (59868), (406)-677-2331

Shelby: Box 488, (59474), (406)-434-2031

Sidney: 606 X. Central, (59270), (406)-482-1916

St. Ignatius: Box 408, (59865)

Stanford: Box 386, (59479)

Superior: Box 451, (59872), (406)-822-4243

Swan Lake: (59911), (406)-886-3600

Terry: Box 164, (59349), (406)-637-5816

Thompson Falls-Trout Creek-Noxon: Box 493, (59873), (406)-827-3366

Three Forks: Box 37, (59752), (406)-285-3291

Townsend: Box X, (59644), (406)-266-3176

Troy: (59935), (406)-295-4222

Virginia City: (59755), (406)-843-5416

West Yellowstone: Box 458, (59758), (406)-646-7528

Whitefish: Box 1309, (59937), (406), 862-3501

Wibaux: Box 260, (59353), (406)-795-2930

Wolf Point: Box 237, (59201), (406)-653-2012

Communicable Disease

Montana Dept. of Health & Environmental Sciences Preventive Health Services Bureau Cogswell Building Helena, MT 59620 (406)-449-4740

Montana Dept. of Livestock Animal Health Division 3rd Floor, Scott Hart Building 301 Roberts

Helena, MT 59620 (406)-449-2043

Cooperative Extension Services

Beaverhead County

Box 190, Dillon, 59725 (406)-683-2842

Big Horn County

Drawer F, Hardin, 59034 (406)-665-1405

Blackfeet Reservation

Box "Z", Browning, 59417 (406)-338-7511

Blaine County

Box 519, Chinook, 59523 (406)-357-3200

Broadwater County

Box 670, Townsend, 59644 (406)-266-3419

Carbon County

Drawer F, Joliet, 59041 (406)-962-3545

Cascade County

Box 6790, Great Falls, 59406 (406)-761-6700

Choteau County

Box 428, Fort Benton, 59442 (406)-622-3751

Crow Reservation

Crow Agency, 59022 (406)-638-2671

Custer County

Courthouse, Miles City, 59301 (406)-232-4781

Daniels County

Box 187, Scobey, 59263 (406)-478-2861

Dawson County

Box 811, Glendive, 59330 (406)-365-4277

Deer Lodge-Powell Counties

Box 660, Deer Lodge, 59722 (406)-846-1852

Fallon-Carter Counties

Box 850, Baker, 59313 (406)-778-2424

Fergus County

Box 740, Lewistown, 59457 (406)-538-3919

Flathead County

Box 638, Kalispell, 59901 (406)-755-5300

Ft. Belknap Reservation

Harlem, 59526 (406)-353-2205

Gallatin County

Box 1946, Bozeman, 59715 (406)-586-0271

Garfield County

Box 81, Jordan, 59337 (406)-557-2770

Glacier County

Box 398, Cut Bank, 59427 (406)-873-2382

Cooperative Extension Services (continued)

Granite County

Box 665, Phillipsburg, 59858 (406)-859-3292

Hill County

Courthouse, Havre, 59501 (406)-265-5481

Judith Basin County

Box 427, Stanford, 59479 (406)-566-2210

Lake County

Box 0, Ronan, 59864 (406)-676-4271

Lewis & Clark County

Box 855, Helena, 59601 (406)-443-1010

Liberty County

Box 607, Chester, 59522 (406)-759-5625

Lincoln County

418 Mineral Avenue, Libby, 59923 (406)-293-7781

Madison-Jefferson County

Box B, Whitehall, 59759 (406)-287-3282

McCone County

Box 200, Circle, 59215 (406)-485-2605

Mineral County

Box 730, Superior, 59872 (406)-822-4561

Missoula County

Courthouse, Missoula, 59801 (406)-721-5700

Musselshell-Golden Valley Counties

Box 128, Roundup, 59072 (406)-323-2704

Park County

Box 694, Livingston, 59047 (406)-222-1273

Phillips County

Box 430, Malta, 59538 (406)-654-2543

Pondera County

20 4th Ave. S.W., Conrad, 59425 (406)-278-3121

Powder River County

Box "I", Broadus, 59317 (406)-436-2424

Prairie County

Box 7, Terry, 59349 (406)-637-5786

Ravalli County

Courthouse, Box 5009, Hamilton, 59840 (406)-363-2044

Richland County

Box 1028, Sidney, 59270 (406)-482-1206

Roosevelt County

Box 416, Culbertson, 59218 (406)-787-5312

Rosebud-Treasure Counties

Box 65, Forsyth, 59327 (406)-356-7320

Cooperative Extension Services (continued)

Sanders County

Box 189, Thompson Falls, 59873 (406)-827-3532

Sheridan County

Courthouse, Plentywood, 59254 (406)-765-1020

Silver Bow County

Courthouse, Butte, 59701 (406)-723-8262

Stillwater County

Box 607, Columbus, 59019 (406)-322-5334

Sweet Grass County

Box 640, Big Timber, 59011 (406)-932-2445

Teton County

Box 130, Choteau, 59422 (406)-466-2491

Box 247, Fairfield, 59436 (406)-467-2344

Toole County

Box 609, Shelby, 59474 (406)-434-5351

Valley County

Box 991, Glasgow, 59230 (406)-228-2456

Wibaux County

Box 345, Wibaux, 59353 (406)-795-2432

Yellowstone County

Courthouse, Room 202, Billings, 59101 (406)-252-5181

Family Planning

Planned Parenthood of Billings, Inc.

2722 Montana Ave., Billings, 59101 (406)-248-3636

Family Planning Services of So. Central Montana

P. O. Box 1276, Bozeman, 59715 (406)-587-0681

Family Service Center

25 West Front Street, Butte, 59701 (406)-723-8262

Dawson County Family Planning

Box 85, Glendive, 59330 (406)-365-2935

Community Health Systems, Inc.

P. O. Box 2806, Great Falls, 59403 (406)-452-9564

Ravalli County Family Planning

Box 5018, Hamilton, 59840 (406)-363-3223

Hill County Family Planning

Box 166, Havre, 59501 (406)-265-6744

Helena Tri-County Family Planning

201 So. Last Chance Gulch, Helena, 59601 (406)-442-3830

Flathead County Family Planning

723 Fifth Ave. East, Kalispell, 59901 (406)-755-5300, ext. 330

Family Planning (continued)

Central Montana Family Planning

Room 206, Bank Electric Bldg., Lewistown, 59457 (406)-538-8811

Lincoln County Family Planning

209 West Second St., Libby, 59923 (406)-293-6291

Phillips County Family Planning

Box 1197, Malta, 59538 (406)-654-2078

Custer County Family Planning

Courthouse, Miles City, 59301 (406)-232-3307

Planned Parenthood of Missoula, Inc.

235 East Pine St., Missoula, 59801 (406)-728-5490

Lake County Family Planning

P. O. Box 4035, Polson, 59860 (406)-883-6211, ext. 207

Health Education Resources

Association of the Advancement of Health Education (AAHE)

1201 16th Street, N.W.

Washington, D.C. 20036

Society of Professional Health Education, Inc.

693 Sutter Street, 4th Floor

San Francisco, CA 94102 (415)-673-7266

U.S. Dept. of Health and Human Services

Public Health Service

Centers for Disease Control

Center for Health Promotion and Education

Atlanta, GA 30333

Center for Health Promotion

American Hospital Association

840 N. Lake Shore Drive

Chicago, IL 60611

Health Education/Risk Reduction Project

Preventive Health Services Bureau

Cogswell Building

Helena, MT 59620 (406)-449-4740

Health Education/Risk Reduction Statewide Task Force

Bernice Bjertness

Yellowstone City-County Health Dept.

Room 205, Courthouse

Billings, MT 59101 (406)-252-5181, ext. 320

John Connor

Montana Heart Association

510 1st Avenue North

Great Falls, MT 59401 (406)-452-2362

Health Education/Risk Reduction Statewide Task Force (continued)

Dave DePew

Montana Public Employees Association

1426 Cedar

Helena, MT 59601 (406)-442-5600

Ruth Eaton

American Cancer Society, Montana Division, Inc.

2820 First Avenue South

Billings, MT 59101 (406)-252-7111

Edward Eschler

Office of Public Instruction

1300 Eleventh Avenue

Helena, MT 59601 (406)-449-2543

Roland Fisher

Montana Hospital Association

1720 9th Avenue

Helena, MT 59601 (406)-442-1911

Monte Gagliardi

Montana Cooperative Extension Service

Montana State University

Bozeman, MT 59717 (406)-994-3451

Bert Glueckert

Montana Health Systems Agency

324 Fuller Avenue

Helena, MT 59601 (406)-443-5965

John A. Layne, M.D.

817 5th Avenue North

Great Falls, MT 59401 (406)-453-6659

Bruce Leonard

Public Health Service

Indian Health Service

Poplar, MT 59255 (406)-768-3491

Annabelle Richards

Montana Foundation for Medical Care

2717 Airport Road

Helena, MT 59601 (406)-443-4020

Stanley Rosenberg

4720 Itana Circle

Bozeman, MT 59715 (406)-587-3401

Earl Thomas

Montana Lung Association

825 Helena Avenue

Helena, MT 59601 (406)-442-6556

Thomas Whiddon

University of Montana, School of HPER

Missoula, MT 59801 (406)-243-4211

Health Education/Risk Reduction Statewide Task Force (continued)

Michael Wood

Missoula City-County Health Dept.

301 West Alder Street

Missoula, MT 59801 (406)-721-5700

Health Promotion Periodicals

Preventive Medicine USA: Health Promotion & Consumer Health Education. Prodist: New York, 1976.

Promoting Health, Center for Health Promotion, American Hospital Association, 480 N. Lakeshore Drive, Chicago, Illinois 60611, \$24/yr.

Employee Health & Fitness, American Health Consultants, 67 Peachtree Park Drive, N.E., Atlanta, Georgia 30309, \$87/yr.

Family & Community Health, Aspens Systems Corporation, 1600 Research Blvd., Rockville, Maryland 20895, \$26.75/yr.

Health Values: Achieving High Level Wellness, Charles B. Slack, Inc., 6900 Grove Road, Thorofare, New Jersey 08086, \$14/yr.

<u>Health Promotion Review</u>, Health Promotion Review, P. O. Box 161, Boulder Creek, California 95006, \$30/yr.

Medical Self-Care, Tom Ferguson, M.D., P. O. Box 717, Inverness, California 94937.

High Blood Pressure Control in the Worksetting, High Blood Pressure Information Center, Box WSA, 120/80, NIGH, Bethesda, Maryland 20205.

Public Health Reports, HRA Technical Relations Branch, Room 10-30, 3700 E-W Highway, Hyattsville, Maryland 20782.

Health Risk Appraisal Programs*

Personal Health Profile

General Health, Inc.

1046 Potomac Street, N.W.

Washington, D.C. 20007 (202)-965-4881

Medical Datamation

Marketing Division

Southwest and Harrison

Bellevue, OH 44811 (419)-483-6060

Interhealth - Life Extension Institute

2970 Fifth Avenue

San Diego, CA 92103 (714)-291-9490

Health Risk Assessment

Wisconsin Center for Health Risk Research University of Wisconsin Center for Health Sciences 600 Highland Avenue Madison, W1 53792 (608)-263-3010

*Distribution of this list by the Preventive Health Services Bureau, Montana Dept. of Health & Environmental Sciences, Helena, does not constitute endorsement of the commercial suppliers of risk assessment programs or their materials.

Health Risk Appraisal Programs (continued)

Health Risk Appraisal

St. Louis County Health Department

504 East Second Street

Duluth, MN 55805 (218)-727-8661

Wellness Associates

42 Miller Avenue

Mill Valley, CA 94941 (415)-383-3806

Institute for Lifestyle Improvement

University of Wisconsin

Stevens Point, WI 54481 (715)-346-4646

Methodist Hospital of Indiana

Prospective Medicine

1604 N. Capitol Avenue

Indianapolis, IN 46202 (317)-924-8494

Health Hazard Appraisal

Department of Epidemiology and International Health

Room 1699 HSW

University of California -- San Francisco

San Francisco, CA 94143 (415)-666-1375

Personal Health Appraisal

The Health Corporation

2100 M Street, N.W., Suite 316

Washington, D.C. 20063 (800)-424-8894 or (202)-872-5379

State Health Dept. Health Risk Appraisal

Montana Health Education/Risk Reduction Project

Preventive Health Services Bureau

Attn: Robert W. Moon

Cogswell Building

Helena, MT 59601 (406)-449-4740, ext. 23

High Blood Pressure Projects

Anaconda Indian Alliance Hypertension Control Project

209 E. Park, Anaconda, MT 59711

Beaverhead County Hypertension Control Project

Dillon, MT 59725

Butte-Silver Bow City-County Health Dept. Hypertension Control Project 58 West Quartz, Butte, MT 59701

Carbon County Council on Aging Hypertension Control Project Bridger, MT 59014

Cascade City-County Health Dept. Hypertension Control Project 1130 - 17th Avenue South, Great Falls, MT 59401

Golden Valley County Council on Aging

Ryegate, MT 59074

Granite County Health Dept. Hypertension Control Project Box 144, Drummond, MT 59832

High Blood Pressure Projects (continued)

Helena Indian Alliance Hypertension Control Project 436 North Jackson, Helena, MT 59601

Hi-Line Indian Alliance Hypertension Control Project Federal Building, Havre, MT 59501

Lake County Home Health Hypertension Control Project Polson, MT 59860

Lewis & Clark City-County Health Dept. Hypertension Control Project 316 N. Park, Helena, MT 59601

Lincoln County Health Department Hypertension Control Project Libby, MT 59923

Missoula City-County Health Dept. Hypertension Control Project 301 West Alder, Missoula, MT 59801

Musselshell County Senior Citizen Services Hypertension Control Project Roundup, MT 59072

North American Indian Alliance Hypertension Control Project 12 E. Galena, Butte, MT 59701

Ravalli County Health Department Hypertension Control Project Hamilton, MT 59840

S.O.S. Health Center Hypertension Control Project Seeley Lake, MT 59868

Sanders County Council on Aging Hypertension Control Project Box 251, Hot Springs, MT 59845

Stillwater County Council on Aging Hypertension Control Project Park City, MT 59063

Wheatland County Council on Aging Hypertension Control Project Harlowton, MT 59036

Yellowstone City-County Health Dept. Hypertension Control Project Courthouse, Billings, MT 59101

Home Health Agencies

Area V Home Health Agency

P. O. Box 608, Anaconda, MT 59711 (406)-563-3110

Yellowstone City-County Health Dept. Visiting Nurse Service Room 205, Courthouse, Billings, MT 59101 (406)-252-5181, ext. 220/221

Gallatin County Health Department Room 105, Courthouse, Bozeman, MT 59715 (406)-587-4297

Blackfeet Tribal Home Health Service P. O. Box 866, Browning, MT 59417 (406)-338-7317

City-County Home Health Service 1635 Stuart, Butte, MT 59701 (406)-723-3282

Columbus Hospital Home Health Agency
P. O. Box 5013, Great Falls, MT 59401 (406)-727-3333

Home Health Agencies (continued)

Montana Deaconess Medical Center Home Health Agency 1101 - 26th Avenue South, Great Falls, MT 59405 (406)-761-1200, ext. 5251

Ravalli County Public Health Nursing Service Courthouse, Box 5018, Hamilton, MT 59840 (406)-363-3223

West-Mont Health Care, Inc. 530 North Ewing, Helena, MT 59601 (406)-443-4140

Flathead County Home Health Agency P. O. Box 919, Kalispell, MT 59901 (406)-755-5300, ext. 249/340/343

Holy Rosary Hospital Home Health Service 2102 Clark Street, Miles City, MT 59301 (406)-232-2540

Missoula City-County Health Dept. (HHA) 301 West Alder, Missoula, MT 59801 (406)-721-5700

Missoula Rehabilitation Center (HHA) 2829 Fort Missoula Road, Missoula, MT 59801 (406)-728-3570

Lake County Home Health Agency 8th and Main, Polson, MT 59860 (406)-883-6211, ext. 277

St. Joseph Home Health Care Agency Skyline Drive, Box 1010, Polson, MT 59860 (406)-883-5377

Nursing Care in the Home 221 - 5th Street S.W., Sidney, MT 59270 (406)-482-2207/2224

Hospital Inservice Coordinators

Glendive -- Maxine Voorhees

Anaconda -- Barbara Kelly Baker -- Keitha McLoud Big Sandy -- Elizabeth Martin, R.N. Big Timber -- Lois Williams, R.N. Billings (Deaconess) -- Howard Zankner Billings (St. Vincent) -- Terry Radcliffe Bozeman -- Herva Simpson Butte (St. James) -- Pat Monahan, Diane Clark Butte (Silver Bow) -- Mary Warner Chester -- Shirley Kulpas Choteau -- Ardene Zion Circle -- Cloe Idland Columbus -- Rose Blenker Conrad -- Danette Johnson, R.N. Culbertson -- Valley Mikkels Cut Bank -- Beverly Burrows Deer Lodge -- Barbara Simonsen Dillon -- Ruth Haugland Ekalaka -- Pat Keith Ennis -- Lois Olsen, R.N. Forsyth -- Pat Keith Fort Benton -- Maxine McDede Glasgow (Frances Mahon) -- Virginia Bortas

Hospital Inservice Coordinators (continued)

Great Falls (Columbus) -- Phyliss Sherburne

Great Falls (Montana Deaconess) -- Ester Lantz

Hamilton -- Jean Clary

Hardin -- Cherly Meyer

Harlowton -- June Holmes

Havre -- Marian Bachini

Helena (St. Peter's) -- Frances Voss

Helena (Shodair) -- Lois DeFord

Jordan -- Maxine Sickles

Kalispell -- Ruth Barber

Lewistown -- Sue Rummans

Libby -- Kathryn Danel

Livingston -- Gloria Guidi

Malta -- Sue Smith

Miles City -- Frances Grasky

Missoula (St. Patrick) -- Donna Schramm

Missoula (Missoula Community) -- Pat Barrett

Missoula (Missoula General) -- Carolyn St. Charles

Philipsburg -- Janice Edgar

Plains -- Elena Icenoggle

Plentywood -- Dorothy Wagenson

Polson -- Marchita Funk

Poplar -- Shirley Gabrielson

Red Lodge -- Mona Nutting

Ronan -- Leah Emerson

Roundup -- Dorothy Harper

St. Ignatius -- Jean Schreffler

Scobey -- Mary Nyhus

Shelby -- Donna Carter

Sheridan -- Mary Telson

Sidney -- Avis Peterson

Superior -- Frances Woods, R.N.

Terry -- Arlene Hubbert

Townsend -- Mary Hargrove

White Sulphur Springs -- Betty Clay, R.N.

Wolf Point -- Bonnie Wemmer

Whitefish -- Lela Lane

Local Health Departments

Cascade City-County Health Department

1130 17th Avenue South

Great Falls, MT 59405 (406)-761-6700

Flathead County Health Department

723 5th Avenue East

Kalispell, MT 59901 (406)-755-5300

Lewis & Clark City-County Health Department

316 North Park

Helena, MT 59623 (406)-443-1010

Local Health Departments (continued)

Missoula City-County Health Department

301 West Alder

Missoula, MT 59801 (406) - 721 - 5700

Butte-Silver Bow Health Department

58 West Quartz Butte, MT 59701

(406) - 723 - 8262

Yellowstone County Health Department

Room 205, Courthouse

Billings, MT 59101 (406) - 252 - 5181

Mental Health

Eastern Montana Mental Health Center

1819 Main

Miles City, MT 59301 (406)-232-0234

Northcentral Montana Community Mental Health Center

P. O. Box 3048

Great Falls, MT 59403 (406) - 761 - 2100

South Central Montana Regional Mental Health Center

1245 North 29th Street

Billings, MT 59101 (406)-252-5658

Southwest Montana Mental Health Center

801 N. Last Chance Gulch (Mailing Address)

512 Logan

Helena, MT 59601 (406)-442-0310

Western Montana Comprehensive Developmental Center

402 South 4th West

Missoula, MT 59801 (406)-549-6413

Physical Fitness

President's Council on Physical Fitness and Sports 400 Sixth Street, S.W.

Washington, D.C. 20201

American College of Sports Medicine

1440 Monroe Street, N.W.

Madison, WI 53706 (608)-262-3632

City Recreation Programs

Anaconda -- 563-8421

Billings -- 245-8989

Bozeman -- 586-6527

Browning -- 338-2344

Butte -- 792-7664

Cut Bank -- 873-5526

Glasgow -- 228-8341

Glendive -- 365-3318

Great Falls -- 727-5881

Havre -- 265-5781

Helena -- 442-9920

Kalispell -- 755-5300

Miles City -- 232-3061

Physical Fitness (continued)

City Recreation Programs
Missoula -- 721-4700
Sidney -- 482-2809
Wolf Point -- 653-1852

YMCA Programs

Butte Family YMCA 405 W. Park Street Butte, MT 59701 (406)-782-1266

Great Falls Family YMCA
P. O. Box 2386

Great Falls, MT 59403 (406)-727-0854

Greater Missoula Family YMCA 2900 Russell Missoula, MT 59801 (406)-728-1440

Helena Family YMCA 1200 N. Last Chance Gulch

Helena, MT 59601 (406)-442-2386

Recommended Publications on Disease Prevention/Health Promotion

Promoting Health--Preventing Disease: Objectives for the Nation,
HHS-PHS, Fall, 1980. This volume sets specific and measurable
objectives for areas of preventive health, health protection, and
health promotion that are important to achieving national health
aspirations.

Model Standards for Community Preventive Health Services, Report to Congress from Secretary of H.E.W., August, 1979. This report on standards presents an innovative framework for assessing preventable health problems and preventive services in communities.

Health People--The Surgeon General's Report on Health Promotion and Disease Prevention, US-HEW, 1979. A document presenting the emerging consensus that the nation's health strategy must be dramatically recast to emphasize the prevention of disease.

Self Care Lay Initiatives in Health, Lowell Levin, 1979. This book presents an overview of self-care, its function in primary care, some of the main issues that arise in considering its future development, and the challenges self-care poses in research.

Toward A Healthy Community, Office of Health Promotion, Information, Physical Fitness, and Sports Medicine, HHS-PHS, 1980. A packet to assist communities in organizing for preventive efforts that promote health and prevent disease.

<u>Prevention '80</u>, US-HHS-PHS, 1980. This booklet summarizes major developments in health prevention and reviews how to achieve prevention objectives.

Forward Plan for Health, Anne Somers, Editor.

Recommended Publications on Disease Prevention/Health Promotion (continued)

Smoking and the Workplace: Toward a Healthier Work Force, National
Interagency Council on Smoking and Health, 291 Broadway, New York, NY
10001.

Improving the Chances for Health: Lifestyle Change and Health Evaluation, National Center for Health Education, 211 Sutter Street, Fourth Floor, San Francisco, CA 94108.

Red Cross Chapters

Butte Chapter
American Red Cross
101 West Granite
Butte, MT 59701 (406)-782-8358

Five Rivers Chapter
American Red Cross
P. O. Box 661
Bozeman, MT 59715 (406)-587-4611

Flathead County Chapter American Red Cross 723 Fifth Avenue East Kalispell, MT 59901 (406)-257-3433

Lewis & Clark County Chapter American Red Cross Room 205, Neighborhood Center 201 South Last Chance Gulch Helena, MT 59601 (406)-442-0260

Midland Empire Chapter
American Red Cross
2705 Montana Avenue
Billings, MT 59101 (406)-245-3512

Missoula/Mineral County Chapter American Red Cross 1429 South Higgins Missoula, MT 59801 (406)-549-6441

Regional Clearinghouses

Billings Areawide Clearinghouse Billings-Yellowstone City-County Planning Board P. O. Box 1178, 4th Floor, Library Building 510 N. 28th Billings, MT 59101 (406)-245-8989

Five Valleys Economic Development District-Areawide Clearinghouse 119 West Front
Missoula, MT 59801 (406)-728-8971

Metropolitan Area Clearinghouse Great Falls-Cascade County Planning Board Civic Center Great Falls, MT 59401 (406)-727-5881

Regional Clearinghouses (continued)

Montana State Clearinghouse Office of the Governor Budget and Program Planning Capitol Building Helena, MT 59620 (406)-449-3616

Resource Directories

Health Information Resources in the Dept. of HHS National Health Information Clearinghouse P. O. Box 1133
Washington, D.C. 20013

Rural Health in the West Health Resources Program Western Interstate Commission for Higher Education P. O. Drawer P Boulder, CO 80302

Aging and Health Events Montana Center for Gerontology Montana State University Bozeman, MT 59717

Community Education Personnel and Resource Directory Office of Public Instruction Helena, MT 59601

Montana Community Education Talent Bank (A Directory of Resources for Community Education Processes)

Smoking Prevention and Cessation

Action on Smoking and Health (ASH) 2000 H Street, N.W., Suite 301 Washington, D.C. 20006 (202)-659-4310

General Headquarters -- 5 Day Plan to Stop Smoking 7th Day Adventist Church Narcotics Education Division 6840 Eastern Avenue, N.W. Washington, D.C. 20012 (202)-723-0800

Group Against Smoke Pollution (GASP)
P. O. Box 682

College Park, MD 20740

Mr. Fit Program
National Heart, Lung, and Blood Institute
National Institutes of Health
Bethesda, MD 20014 (703)-860-0200

National Association on Smoking and Health 4155 East Jewel Avenue Denver, CO 80222 (303)-753-0777

National Clearinghouse for Smoking and Health U.S. Public Health Service Center for Disease Control Atlanta, GA 30333 (404)-633-3311

Smoking Prevention and Cessation (continued)

National Interagency Council on Smoking and Health

419 Park Avenue South

New York, NY 10016 (212)-532-6035

Office on Smoking and Health Technical Information Center

Park Building, Room 158

5600 Fishers Lane

Rockville, MD 20857 (301)-443-1690

Schick Laboratories

1901 Avenue of the Stars, Suite 1530

Los Angeles, CA 90067

School Health Curriculum Project

Bureau of Health Education

Community Program Development Division

Centers for Disease Control

Atlanta, GA 30333

Smokenders

Memorial Parkway

Philipsburg, NJ 08865

The Tobacco Institute

1776 K Street, N.W.

Washington, D.C. 20006 (202)-457-4800

State Hotlines

Citizens Advocate 1-800-332-2272

Dept. of Fish, Wildlife & Parks 1-800-221-6117

Montana Poison Control System 1-800-525-5042

MPS Medicare 1-800-332-6146

Social Security 1-800-332-7770

SRS Medical Assistance 1-800-332-2271

State Library 1-800-332-3400

Supt. of Public Instruction 1-800-332-3492

State Newsletters

Actions for Health, 4H for Health

Montana Cooperative Extension Service

Montana State University, Taylor Hall

Bozeman, MT 59717

Aging & Health Events

Montana Center for Gerontology

Montana State University

Bozeman, MT 59717

Emergency Response

Emergency Medical Services Association

2321 Broadwater Avenue

Billings, MT 59102

MCA Monitor

Montana Council on Alcoholism

616 Helena Avenue, Suite 104

Helena, MT 59601

State Newsletters (continued)

MHA Newsletter

Montana Public Health Association

Cogswell Building

Helena, MT 59601

MHA's Washington Scene

Montana Hospital Association

Helena, MT 59601

Message From the President

Montana Foundation for Medical Care

Box 5117

Helena, MT 59601

Montana Committee for the Humanities Newsletter

P. O. Box 8036 Hellgate Station

Missoula, MT 59807

Montana Medical Association

2021 11th Avenue, Suite 12

Helena, MT 59601

Montana Pharmaceutical Association

Box 6335

Great Falls, MT 59406

MontanAir

Montana Lung Association

825 Helena Avenue

Helena, MT 59601

Plan Scanner

Blue Cross of Montana

P. O. Box 5004

Great Falls, MT 59403

Pulse

Montana Nurses Association

1716 9th Avenue

P. O. Box 5718

Helena, MT 59601

S V New Edition

St. Vincent's Hospital

1233 North 30th Street

P. O. Box 2505

Billings, MT 59103

Self-Care Hotline

Missoula City-County Health Dept.

301 West Alder

Missoula, MT 59801

Smoke Signals

American Cancer Society

2820 1st Avenue South

Billings, MT 59101

State Newsletters (continued)

The Habit

Montana Alcohol and Drug Abuse Division Newsletter 1539 11th Avenue

Helena, MT 59601

The Pump

Montana Heart Association

Box 5119

Helena, MT 59601

Treasure State Health

Public Information Office

Dept. of Health & Environmental Sciences

Helena, MT 59620

WAMI (Washington, Alaska, Montana, Idaho)

University of Washington

School of Medicine

Seattle, WA 98195

Statistical Data Sources (Morbidity and Mortality)

Billings Area Indian Health Service

Public Health Service

P. O. Box 2143

Billings, MT 59101 (406)-657-6178

Blue Cross of Montana

3360 10th Avenue South

Great Falls, MT 59405 (406)-761-7310

Bureau of Business & Economic Research

University of Montana

Missoula, MT 59801

Bureau of Records and Statistics

Montana Dept. of Health & Environmental Sciences

Cogswell Building

Helena, MT 59620 (406)-449-2614

Centers for Disease Control

Consolidated Surveillance and Communications Activity

Bureau of Epidemiology

Atlanta, GA 30333

Dept. of Administration

Research and Information Systems Division

Capitol Building

Helena, MT 59620

Dept. of Health and Human Services

Public Health Service

Office of Health Research, Statistics, and Technology

Hyattsville, MD 20782

Statistical Data Sources (Morbidity and Mortality) (continued)

Montana Foundation for Medical Care

2717 Airport Road

Helena, MT 59601 (406)-443-4020

Montana Health Systems Agency

324 Fuller Avenue

Helena, MT 59601 (406)-443-5965

Montana Hospital Association

1720 9th Avenue

Helena, MT 59601 (406)-442-1911

Montana Physicians' Service--Blue Shield

404 Fuller Avenue

Helena, MT 59601 (406)-442-5450

National Center for Health Statistics

Center Building, Room 2-27

3700 East-West Highway

Hyattsville, MD 20782 (301)-436-7035

TV, Radio, Newspapers

INTERMOUNTAIN NETWORK (IMN)

Montana News Bureau

Washington Plaza, Room 15

2021 11th Avenue

Helena, MT 59601 (406)-442-9670

ASSOCIATED PRESS (AP)

Box 5810

Helena, MT 59601 (406)-442-7440

UNITED PRESS INTERNATIONAL (UPI)

Box 4595

Helena, MT 59601 (406)-442-6470

Contact local television and radio stations.

Newspapers (by county):

BEAVERHEAD: Dillon Tribune-Examiner

BIG HORN: Hardin Herald

BLAINE: Chinook Opinion; Harlem News

BROADWATER: Townsend Star

CARBON: Carbon County News, Red Lodge; Clarks Fork Bonanza, Bridger

CARTER: Ekalaka Eagle

CASCADE: Belt Valley Times, Belt; Cascade Courier; Great Falls Tribune;

Montana Catholic Register

CHOUTEAU: Mountaineer, Big Sandy; River Press, Fort Benton

CUSTER: Miles City Star

DANIELS: Daniels County Leader, Scobey

DAWSON: Ranger-Review, Glendive

DEER LODGE: Anaconda Leader

FALLON: Fallon County Times, Baker

FERGUS: News-Argus, Lewistown

FLATHEAD: Bigfork Eagle; Hungry Horse News, Columbia Falls;

Daily Inter Lake, Kalispell; The News, Kalispell; Whitefish Pilot

GALLATIN: Bozeman Daily Chronicle; Three Forks Herald; The High Country,

Bozeman

TV, Radio, Newspapers (continued)

GARFIELD: Jordan Tribune

GLACIER: Glacier Reporter, Browning; Cut Bank Pioneer Press;

Western Breeze, Cut Bank

GOLDEN VALLEY: Times-Clarion, Harlowton

GRANITE: Philipsburg Mail HILL: Havre Daily News JEFFERSON: Boulder Monitor

JUDITH BASIN: Judith Basin Press, Stanford

LAKE: Falthead Courier, Polson; Mission Valley News, St. Ignatius LEWIS & CLARK: Independent Record, Helena; Westmont Word, Helena

LIBERTY: Liberty County Times, Chester

LINCOLN: Tobacco Valley News, Eureka; Western News, Libby

MADISON: Madisonian, Virginia City

McCONE: Circle Banner

MEAGHER: Meagher County News, White Sulphur Springs

MINERAL: Mineral Independent, Superior

MISSOULA: Missoulian, Missoula MUSSELSHELL: Roundup Record-Tribune

PARK: Livingston Enterprise; Park County News, Livingston

PETROLEUM: Winnett Times

PHILLIPS: Phillips County News, Malta

PONDERA: Independent-Observer, Conrad; Valier Spray

POWDER RIVER: Powder River Examiner, Broadus

POWELL: Silver State Post, Deer Lodge

PRAIRIE: Terry Tribune

RAVALLI: Ravalli Republic, Hamilton RICHLAND: Fairview News; Sidney Herald

ROOSEVELT: Searchlight, Culbertson: The Big Muddy Journal, Froid;

Herald-News, Wolf Point

ROSEBUD: Forsyth Independent

SANDERS: Plainsman, Plains; Sanders County Ledger, Thompson Falls

SHERIDAN: Plentywood Herald

SILVER BOW: Montana Standard, Butte

STILLWATER: Absarokee Sun; Stillwater County Citizen, Columbus

SWEET GRASS: Big Timber Pioneer

TETON: Chouteau Acantha; Fairfield Times; Wheat Center News, Dutton

TOOLE: Shelby Promoter & Tribune; Shelby Times

TREASURE: Hysham Echo VALLEY: Glasgow Courier

WHEATLAND: Times-Clarion, Harlowton

WIBAUX: Wibaux Pioneer-Gazette

YELLOWSTONE: Billings Gazette; Billings Times; Laurel Outlook;

Yellowstone County News, Ballantine

Weight Maintenance/Nutrition

Food and Nutrition Information Center

National Agricultural Library Building

Room 304

Beltsville, MD 20705 (301)-344-3719

National Nutrition Education Clearinghouse

Suite 1110, 2140 Shattuck Avenue

Berkeley, CA 94704 (415)-548-1363

Welfare (County Welfare Departments, by County) BEAVERHEAD: Dillon, 683-2142 BIG HORN: Hardin, 665-1907 BLAINE: Chinook, 357-2276 BROADWATER: Townsend, 266-3447 CARBON: Red Lodge, 446-1302 CARTER: Ekalaka, 775-8751 CASCADE: Great Falls, 761-6605 CHOUTEAU: Fort Benton, 622-5432 CUSTER: Miles City, 232-1247 DANIELS: Scobey, 487-2721 DAWSON: Glendive, 365-4314 DEER LODGE: Anaconda, 563-3448 FALLON: Baker, 778-2512 FERGUS: Lewistown, 538-7468 FLATHEAD: Kalispell, 755-5300 GALLATIN: Bozeman, 587-3193 GARFIELD: Jordan, 557-2297 GLACIER: Cut Bank, 873-5534; Browning, 338-5131 GOLDEN VALLEY: Ryegate, 568-2231 GRANITE: Philipsburg, 859-3671 HILL: Havre, 265-5481 JEFFERSON: Boulder, 225-3327 JUDITH BASIN: Stanford, 566-2461 LAKE: Polson, 883-5211 LEWIS & CLARK: Helena, 442-2020 LIBERTY: Chester, 334-3841 LINCOLN: Libby, 293-7781: Eureka, 296-2722 MADISON: Virginia City, 843-5361 McCONE: Circle, 485-3425 MEAGHER: White Sulphur Springs, 547-3752 MINERAL: Superior, 822-4551 MISSOULA: Missoula, 543-6641 (EA), or 728-7210 (SS) MUSSELSHELL: Roundup, 323-2101 PARK: Livingston, 222-1173 PETROLEUM: Winnett, 429-5311 PHILLIPS: Malta, 654-2252 PONDERA: Conrad, 278-5222 POWDER RIVER: Broadus, 436-2621 POWELL: Deer Lodge, 846-1092 PRAIRIE: Terry, 637-5570 RAVALLI: Hamilton, 363-1944 RICHLAND: Sidney, 482-2015 ROOSEVELT: Wolf Point, 653-1512 ROSEBUD: Forsyth, 356-2563; Lame Deer, 477-6251 SANDERS: Thompson Falls, 827-3581

SHERIDAN: Plentywood, 765-1370 SILVER BOW: Butte, 792-2351 (EA), 792-0436 (SS), 723-6002 (FS), 723-6054 (MA)

STILLWATER: Columbus, 322-5331

Welfare (continued)

SWEET GRASS: Big Timber, 932-2566

TETON: Choteau, 466-5721 TOOLE: Shelby, 434-5022 TREASURE: Hysham, 342-5547 VALLEY: Glasgow, 654-2252

WHEATLAND: Harlowton, 632-5611

WIBAUX: Wibaux, 795-2403

YELLOWSTONE: Billings, 248-1691

Women's Health

Blue Mountain Women's Clinic 218 E. Front

Missoula, MT 59801 (406)-542-0029

Yellowstone Valley Women's Clinic 2722 Montana Avenue

Billings, MT 59101 (406)-245-6075



